

Prospective evaluation of hand-held focused abdominal sonography for trauma (FAST) in blunt abdominal trauma

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Background: Ultrasonography (US) has become indispensable in assessing the status of the injured patient. Although hand-held US equipment is now commercially available and may expand the availability and speed of US in assessing the trauma patient, it has not been subjected to controlled evaluation in early trauma care. **Methods:** A 2.4-kg hand-held (HH) US device was used to perform focused abdominal sonography for trauma (FAST) on blunt trauma victims at 2 centres. Results were compared with the "truth" as determined through formal FAST examinations (FFAST), CT, operative findings and serial examination. The ability of HHFAST to detect free fluid, intra-abdominal injuries and injuries requiring therapeutic interventions was assessed. **Results:** HHFAST was positive in 80% of 313 patients who needed surgery or angiography. HHFAST test performances (sensitivity, specificity, positive and negative predictive values, likelihood ratios of positive and negative test results) were 77%, 99%, 96%, 94%, 95%, 95 and 0.2, respectively, for free fluid, and 64%, 99%, 96%, 89%, 90%, 74 and 0.4, respectively, for documented injuries. HHFAST missed or gave an indeterminate result in 8 (3%) of 270 patients with injuries who required therapeutic intervention and 25 (9%) of 270 patients who did not require intervention. FFAST performance was comparable. **Conclusions:** HHFAST performed by clinicians detects intraperitoneal fluid with a high degree of accuracy. All FAST examinations are valuable tests when positive. They will miss some injuries, but the majority of the injuries missed do not require therapy. HHFAST provides an early extension of the physical examination but should be complemented by the selective use of CT, rather than formal repeat US.

Contexte : L'échographie est devenue indispensable pour évaluer l'état du patient traumatisé. Même si le marché offre maintenant du matériel d'échographie portable qui peut étendre la disponibilité de cet examen et accélérer l'évaluation du patient traumatisé, ces appareils n'ont pas été soumis à une évaluation contrôlée pour les premiers soins aux traumatisés. **Méthodes :** Dans deux centres, on a utilisé un appareil d'échographie portable de 2,4 kg pour procéder à un examen abdominal focalisé de détection de traumatisme (FAST) sur des patients atteints de traumatisme fermé. On a comparé les résultats à la «réalité», telle que déterminée par les examens FAST standards (FFAST), par tomographie, en fonction des résultats opératoires et par un examen en série. On a évalué la capacité de la technique FAST manuelle à détecter des traumatismes intra-abdominaux libres et fluides et des traumatismes exigeant des interventions thérapeutiques. **Résultats :** La technique FAST manuelle s'est révélée positive chez 80 % des 313 patients qui ont eu besoin d'une intervention chirurgicale ou d'une angiographie. Les résultats de test de la technique FAST manuelle (sensibilité, spécificité, valeur prédictive positive et négative, coefficient de probabilité des résultats d'examen positifs et négatifs) se sont établis à 77 %, 99 %, 96 %, 94 %, 95 %, 95 et 0,2 respectivement dans le cas des traumatismes libres et fluides et à 64 %, 99 %, 96 %, 89 %, 90 %, 74 et 0,4 respectivement dans celui des traumatismes documentés. La tech-

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nique FAST manuelle a échoué ou donné un résultat indéterminé chez 8 (3 %) des 270 patients traumatisés qui ont eu besoin d'une intervention thérapeutique et chez 25 (9 %) des 270 qui n'ont pas eu besoin d'intervention. La technique FAST standard a donné un résultat comparable. **Conclusions :** La technique FAST manuelle utilisée par des cliniciens permet de détecter la présence de liquide intrapéritonéal avec beaucoup de précision. Tous les examens FAST sont valables lorsqu'ils donnent un résultat positif. Ils ratèrent quelques traumatismes, mais la majorité des traumatismes ratés n'ont pas besoin d'être traités. La technique FAST manuelle permet une évaluation rapide antérieure à l'examen physique, mais il faut la compléter par l'utilisation sélective de la tomographie au lieu de répéter l'échographie par la méthode standard.

Clinical abdominal examination is inaccurate for the assessment of the blunt trauma patient as there are often distracting injuries, altered levels of consciousness, nonspecific signs and symptoms and large differences in individual patient reactions to intra-abdominal injury.¹⁻⁴ Thus, diagnostic tests must be selected, performed and interpreted to reliably discriminate between patients who require therapeutic intervention or further study from those who do not. Quick ultrasonographic screening to identify the presence of free intraperitoneal and intrapericardial fluid constitutes focused abdominal sonography for trauma (FAST) examination,⁵ which is becoming the clinical standard. The most important benefits of this technique are an earlier and portable means of confirming the presence of intracavity hemorrhage or visceral leakage. Boulanger and associates⁶ reported in 2000 that FAST had replaced diagnostic peritoneal lavage as the initial screening test after blunt abdominal trauma in the majority of North American trauma centres.

Portable hand-held (HH) ultrasonography (US) units have recently become available to clinicians. These units were developed through a joint civilian-military initiative to provide portable US capability suitable for the battlefield or a mass casualty situation.⁷ A recent international consensus conference stressed the importance of examining the potential role of smaller, compact portable US machines in the early diagnosis of traumatic abdominal injury.⁵

We report a combined experience with a portable 2.4-kg HH US ma-

chine in the early evaluation of trauma patients at a Canadian trauma centre and an American trauma centre. We believed it was important to evaluate the effectiveness of such a unit in a setting where the relative effectiveness of a "standard" FAST examination performed using typical floor-based US machines could provide relevance. A valid examination of any diagnostic test also depends on asking appropriate questions. FAST has been defined and used most extensively to test for free intraperitoneal fluid, which is a marker for intraperitoneal injury. Numerous studies have reported that emergentologists, radiologists and surgeons can detect intraperitoneal fluid with a high degree of accuracy.⁸⁻¹⁵ However, serious intra-abdominal injuries may occur without the presence of free intraperitoneal fluid.^{16,17} Our study asked, How good are both examinations at finding fluid, did this fluid correlate with injuries, and did these injuries require intervention? Blunt trauma pilot cohorts of 47 patients from Vancouver and 58 patients from Detroit, as well as a separate penetrating abdominal cohort have previously been reported.¹⁸⁻²⁰

Methods

The Detroit Receiving Hospital (DRH) is a level I urban trauma centre. The Vancouver Hospital and Health Sciences Centre (VHHSC) is a provincial trauma centre. At both institutions, critically injured patients are resuscitated by a trauma team led by an attending trauma surgeon. FAST performed with an Acuson XP128 (Acuson Corp., Mountain

View, Calif.) has been the initial screening test for blunt abdominal trauma since 1996 at the VHHSC. Senior and junior radiology residents, with a later staff review, carry out this examination. At the DRH, a Toshiba SSH 140A (Toshiba American Medical Systems, Armonk, NY) is used by the resuscitating surgical team (typically a senior surgical resident) to perform FAST. For the purposes of this study, both these examinations were designated as formal FAST (FFAST) examinations.

To evaluate the potential of HH US units during acute trauma resuscitation, HHFAST examinations were performed by an attending trauma surgeon or trauma fellow using a Sonosite 180 (Sonosite, Inc., Bothell, Wash.), 2.4-kg US machine with a 5-2 MHz curved array transducer. These were performed and interpreted as part of the initial examination and were followed by other examinations as is usual practice. Whereas HHFAST was limited to ascertaining the presence or absence of free fluid as a marker of injury, FFAST would occasionally also report impressions regarding the presence or absence of specific injuries. The original FFAST diagnosis communicated to the surgical team was considered the test result, as this was what influenced clinical decisions. HHFAST results did not influence patient care, except in unusual cases in which unstable patients had positive findings and there were delays in obtaining FFAST.

This study was approved by the human ethics committees of both participating institutions.

HHFAST images were saved as

representative JPEG digital images, digital video-images with use of a video recorder (GV-D800 NTSC, Sony Corp. Japan, Tokyo) and as hard-copy using a video graphic printer (UP895MD, Sony Corp. Japan). For all patients the results of HHFAST were compared with US examinations performed with the floor-based machines (i.e., FFAST), CT studies, operative findings, autopsy studies and the hospital course. Separate test performance was calculated for the ability of HHFAST to detect free intraperitoneal fluid and to detect all intra-abdominal injuries.

The standard of comparison for intraperitoneal fluid was defined as true when fluid was reported as present on CT performed within 24 hours of admission, reported in operative notes or seen on FFAST in the case of positive HHFAST. Free fluid first detected on CT performed more than 24 hours after injury in asymptomatic patients was not considered injury-related. FFAST was considered to be the accurate test in comparison with HHFAST. Intra-abdominal injury was defined as one comprising any intra-abdominal lesion of a traumatic nature as defined by Chiu and associates.¹⁶ Retroperitoneal hematoma, abdominal wall disruption and unexpected free intraperitoneal fluid seen within 24 hours of injury were also considered to be significant intra-abdominal in-

juries. Indeterminate studies were defined as those in which the sonographer could not definitively judge the results as either positive or negative for fluid as defined by Boulanger and colleagues.²¹ Indeterminate scans and cases of equipment failure were excluded from the test performance calculations of the diagnostic accuracy for free fluid and intra-abdominal injury but were considered as diagnostic failures when assessing patients requiring interventions.

Data on patient demographics, physiologic status and HHFAST sonographer and sonographic findings were collected prospectively with the use of standardized forms. The ultimate hospital course was determined by collating demographic information recorded in the British Columbia Trauma Registry with a complete hospital chart review. Complete data on the outcomes of the Detroit patients were available from the institutional trauma registry. Data were manually entered into an Excel database (Microsoft Corp., Redmond, Wash.). Test performance characteristics were defined as described by Sackett and colleagues.²² Statistical calculations were performed using Stata 7.0 (Stata Corp., College Station, Tex.). Group means were compared using the *t* test, proportions using either the χ^2 or Fisher's exact test. Confidence intervals (95%) were calculated with use of exact statistics.

Results

Three hundred and twenty-eight victims of blunt trauma were examined during trauma resuscitations: 58 in Detroit and 270 in Vancouver. Although all had physical examination, 15 patients were either not examined by HHFAST because of battery exhaustion (5), a missing 5–2-MHz probe (3) or had indeterminate findings (7). In addition, 281 underwent FFAST; of these, the findings were indeterminate in 7. Of the 274 FFAST examinations interpreted, 58 were performed by surgical residents at DRH and 216 by radiology residents at VHHSC. CT was carried out according to the clinical protocol at each centre; 54% of all the HHFAST patients and 57% of all FFAST patients had thoracoabdominal CT. Overall, there was a significantly greater use of CT at VHHSC (174 of 270) than at DRH (7 of 58) ($p < 0.001$).

The mean age was 38.9 (standard deviation [SD] 17.5) years (ranging from 1–59 yr). The DRH patients were younger than those at the VHHSC (34.1 v. 39.9 yr, $p = 0.03$). The mean (SD) Injury Severity Score was 17.3 (14.7); VHHSC patients had a significantly higher score than DRH patients (19.0 v. 8.5, $p < 0.001$); 74% were male and 26% were female. All patients had blunt injury: motor vehicle crashes, 45%; falls, 16%; pedestrians struck by vehicles, 12%; assaults, 6%; bicycle crashes, 5%; crush injuries, 4%; mo-

Table 1

Ability of focused abdominal sonography in trauma (FAST) to detect intraperitoneal free fluid after blunt trauma

Parameter	Technique, %* (and 95% CI)	
	HHFAST	FFAST
Sensitivity	77.3 (65.3–86.7)	68.6 (54.1–80.9)
Specificity	99.2 (97.1–99.9)	96.9 (93.6–98.7)
Positive predictive value	96.2 (87.0–99.5)	83.3 (68.6–93.0)
Negative predictive value	94.2 (90.7–96.7)	93.1 (89.0–96.0)
Accuracy	94.6 (91.4–96.8)	91.6 (87.7–94.6)
Likelihood ratio		
Positive result	95.4 (23.9–381.8)	21.9 (10.3–46.4)
Negative result	0.23 (0.14–0.36)	0.32 (0.22–0.49)

CI = confidence interval, FFAST = formal FAST, HHFAST = hand-held FAST.
*Except for ratios.

Table 2

True and false results for hand-held (HH) and formal (F) focused abdominal sonography in trauma (FAST)

Technique, result	Truth	
	Positive	Negative
HHFAST		
Positive	51	2
Negative	15	245
FFAST		
Positive	35	7
Negative	16	216

torcycle crashes, 4%; snow-boarding crashes, 3%; skiing injury, 1.5%; air-plane crashes, 1%; blasts, 1%; all-terrain-vehicle crashes, 1%; and skate-boarding injury, 0.3%.

Free intraperitoneal fluid

HHEFAST was highly accurate for detecting intraperitoneal fluid: of 313 patients with determinate results, 296 were correctly classified. Of the 66 patients who were designated positive by FFAST, HHEFAST identified 51 with intraperitoneal fluid, for a sensitivity of 77%. A positive HHEFAST result was highly specific for the true presence of fluid, with only 2 of 247 (0.8%) results being false positive, and a nearly 100-fold likelihood ratio of a positive test (Table 1). Although not designed as a formal comparison between the 2 techniques, FFAST performed with accuracy comparable to HHEFAST (a correct diagnosis in 251 of 274 patients tested) (Table 2). Overall, FFAST was slightly less sensitive: 35 (69%) of 51 patients were identified with free fluid according to the standard of comparison. However, a negative FFAST was highly specific for the absence of fluid: 216 (97%) of 223 patients were correctly excluded (Table 1). Significantly more diagnostic errors were made at the VHHSC using HHEFAST ($p = 0.031$) than at the DRH, and there

was a trend toward this for the FFAST ($p = 0.058$). There was no difference in the rate of misdiagnoses between the clinicians performing HHEFAST ($p = 1.0$).

In 2 patients, CT revealed small amounts of free fluid, despite negative HHEFAST and FFAST findings, and the results in these patients were thus considered as false negative. One 37-year-old woman, who was struck by a car, had a small amount of periportal edema that was officially reported to be “consistent with fluid resuscitation” on CT performed 13 hours after HHEFAST and FFAST gave negative results. Another 21-year-old woman involved in a motor vehicle collision had a small amount of fluid in the pelvis, reported as “physiologic” on CT performed 3 hours after HHEFAST and FFAST were found to be negative. Both patients were managed successfully with serial examination and had an uncomplicated hospital stay.

Intraperitoneal injuries

The sensitivity was markedly decreased when FAST was asked to detect all intraperitoneal injuries. HHEFAST had an overall sensitivity of 64% for detecting injuries (51 of 80 patients) and an overall accuracy of 90% (282 of 313 patients) (Table 3). Positive HHEFAST examinations were still highly predictive of intra-

abdominal injuries, with a positive predictive value of 96% (51 of 53 positive results being true [Table 4]), and a likelihood ratio of a positive test being 74. Likewise, FFAST also had a reduced sensitivity of 52% in detecting positive cases (35 of 67 cases) and an overall accuracy of 86% (235 of 274). A positive test carried a positive predictive value of 83% (35 of 42 cases being true [Table 4]) and a likelihood ratio of a positive test of 15 (Table 3). There were more missed injuries at the VHHSC than at the DRH ($p = 0.015$). There was no significant difference in the missed injuries between clinicians performing HHEFAST ($p = 0.3$). However, there were significantly more misdiagnoses by FFAST at the VVHSC than at the DRH ($p < 0.01$).

Patients requiring therapeutic intervention

Of the 270 patients who had HHEFAST, 40 required therapeutic interventions: 37 laparotomies and 4 angioembolizations (1 patient requiring both). In 32 patients, HHEFAST detected the complication leading to the intervention, for a detection rate of 80%. Of the remaining 8 (20%, including indeterminate) in which HHEFAST did not detect the complication, only 1 was from the DRH (Table 5). There were 31 cases in the FFAST cohort who required a therapeutic intervention: 29 laparotomies and 3 angioemboliza-

Table 3

Ability of focused abdominal sonography for trauma (FAST) to detect intra-abdominal injuries after blunt trauma

Parameter	Technique, %* (and 95% CI)	
	HHEFAST	FFAST
Sensitivity	63.8 (52.2-74.2)	52.2 (39.7-64.6)
Specificity	99.1 (96.9-99.0)	96.6 (93.2-98.6)
Positive predictive value	96.2 (87.0-99.5)	83.3 (68.6-93.0)
Negative predictive value	88.8 (84.4-92.4)	86.2 (81.1-90.4)
Accuracy	90.1 (86.2-93.2)	85.8 (81.1-89.7)
Likelihood ratio		
Positive test	74.3 (18.5-298.1)	15.4 (7.2-33.1)
Negative test	0.37 (0.27-0.49)	0.49 (0.38-0.64)

CI = confidence interval, FFAST = formal FAST, HHEFAST = hand-held FAST.
*Except for ratios

Table 4

True and false results for the hand-held (HH) and formal (F) focused abdominal sonography in trauma (FAST)

Technique, result	Truth	
	Positive	Negative
HHEFAST		
Positive	51	2
Negative	29	231
FFAST		
Positive	35	7
Negative	32	200

tions (1 patient requiring both). FFAST detected the condition in 20 patients (64%), but did not detect the condition in 11 patients (36%). In 26 patients, despite a "negative" or indeterminate FAST scan, intra-abdominal injuries were found that did not require therapeutic intervention. Only 1 of these patients was from the DRH (Table 6).

Discussion

The goal of FAST examination, as defined by a recent international consensus conference, is to detect free intraperitoneal fluid as a marker of injury.⁵ In current practice, trauma US has taken on 2 congruous yet distinct roles. One is the early identification of unstable trauma victims requiring urgent surgical intervention,^{23,24} and the other newer, potentially controversial, role is that of excluding stable patients from further abdominal imaging.^{9,15,25-27} Institutional trauma protocols at both the DRH and the VHHSC have accepted FAST's ability to do both; thus, unstable patients with positive FAST results are operated on, and stable patients with negative FAST results tend to be observed, depending on the US findings and clinical examination. In our study, we examined the validity of this practice and evaluated the role of HHFAST.

Whether used to detect intraperitoneal fluid or as a screening test for all intra-abdominal injuries, the likelihood ratios indicated that both HHFAST and FFAST were valuable tests when the result was positive. Likelihood ratios are thought to give a better assessment of the value of a diagnostic test than the sensitivity, specificity, positive and negative predictive value, and accuracy.²⁸ As a rough guide, likelihood ratios greater than 10 or less than 0.1 typically generate large and often conclusive changes from pre-test to post-test probability.^{28,29} HHFAST could quickly confirm the presence of intraperitoneal fluid in the majority

(80%) of those who required therapeutic intervention. After a patient was examined with this portable device, the examiner had correctly classified the patient into a group with or without free fluid in 95% of cases, and into one with or without injury in 90% of cases. Likelihood ratios of a positive test of 95 and 83, and a positive predictive values of 96%, respectively, for fluid and injury, using HHFAST as a continuation of the physical examination, extend the clinician's diagnostic power. Further, HHFAST can be repeated on any subsequent examination, without side effects, contrast, transport or interference with other clinical activities. Simply, when the examiners saw fluid they could be very confident that it was present, and thus triage the patient toward either surgery or CT depending on the patient's status.

This study was hospital based, but

the technology could easily be carried to the scene of the trauma. Hemorrhage accounts for approximately 40% of all deaths in trauma patients^{30,31} and is the greatest cause of post-traumatic operating room deaths.³² The risk of victims dying from injuries sustained in vehicular collisions is much greater for those injured in rural as opposed to urban settings,^{33,34} sometimes by more than 50%.³⁵ A larger proportion of fatalities occur outside the hospital and within the first hour after injury in rural areas.³⁴ The diagnosis of such injuries is time-dependent and critical. HHFAST is extremely portable and has been tested in prehospital settings, including air transport systems³⁶ and on a commercial ski hill.³⁷ Prehospital transport should never be unnecessarily delayed, but a prehospital HHFAST might provide important triage information. A massive

Table 5

False-negative focused abdominal sonography in trauma (FAST) results in blunt trauma patients who required interventions

Sex	Age, yr	Study	Fluid	Injury	Intervention
Male	65	HHFAST (-), FFAST (-)	No	Left diaphragmatic rupture	Laparotomy + repair
Male	42	HHFAST (-), FFAST (-)	No	Retroperitoneal hemorrhage, abdominal aortic intimal disruption	Angioembolization
Male	19	HHFAST (-), FFAST (-)	Yes	Jejunal perforation	Laparotomy + resection
Female	83	HHFAST (-), FFAST (-)	No	Retroperitoneal hemorrhage	Angioembolization
Male	35	HHFAST (IND), FFAST (-)	Yes	Retroperitoneal hemorrhage, abdominal wall disruption	Laparotomy + repair
Male	53	HHFAST (+), FFAST (-)	Yes	Mesenteric disruption	Laparotomy + damage control
Male	23	HHFAST (+), FFAST (-)	Yes	Jejunal perforation	Laparotomy + repair
Male	28	HHFAST (-), FFAST (not done)	Yes	Splenic laceration	Laparotomy + splenectomy
Male	31	HHFAST (+), FFAST (-)	Yes	Retroperitoneal hemorrhage	Laparotomy
Female	25	HHFAST (+), FFAST (-)	Yes	Jejunal perforation	Laparotomy + repair
Male*	17	HHFAST (-), FFAST (-)	No	Right diaphragmatic disruption, liver herniation	Laparotomy + repair
Female	85	HHFAST (-), FFAST (-)	No	Retroperitoneal hemorrhage	Angioembolization

FFAST = formal FAST, HHFAST = hand-held FAST, IND = indeterminate FAST scan, - = negative, + = positive.
*Case from the Detroit Receiving Hospital; all other cases were from the Vancouver Hospital and Health Sciences Centre.

hemoperitoneum can quickly be detected with a single view of Morrison's pouch in 82%–90% of hypotensive patients with an abdominal source,^{23,24} requiring on average 19 seconds to determine.²³ This might differentiate a patient with a massive hemoperitoneum who might respond to a damage control intervention at a smaller sending site from one with a severe retroperitoneal hemorrhage that will require angiography at a referral centre. Such an image might be locally or remotely interpreted, yet be critically important in triage and transport decisions.

Clinicians need to be keenly aware of the limitations of trauma sonography. It is a very user dependant tech-

nique. FAST may miss injuries that are not associated with free intraperitoneal fluid, no matter who performs it, or with which device (HHFAST or FFAST). The sensitivities for detecting all intraperitoneal injuries were 65% and 52%, respectively, for both examinations. As a test that looks for free intraperitoneal fluid, this is a known limitation of the FAST technique. FAST is not expected to detect injuries that may not be associated with intraperitoneal fluid, such as hollow viscus, mesenteric, intraparenchymal, solid or retroperitoneal injuries.^{12,16,17,38} There were 12 patients in the group requiring intervention who did not have their injuries detected by FAST. The

causes included diaphragmatic and hollow viscus injuries, injuries that are also often missed on CT.

Further aspects of study validity relate to the question of verification bias, wherein the results of the test influence the decision to perform the standard test.^{29,39} Verification bias was present in this study, as well as being a general methodologic concern in other large contemporary series that have relied on clinical follow-up, and have not otherwise subjected stable patients to a standard diagnostic imaging test.^{9,12,14,15,25,40} Although more than one-half of the patients had CT, there were likely further missed injuries that were occult and not known about in the “true negative” patients not having CT. There were more errors at the VHHSC than at the DRH. Although this may have been related to sonographic experience, we believe it is more likely related to the higher acuity of injury at VHHSC, as well as the greater frequency of CT. Overall, other such imaging and follow-up revealed 33 “ultrasound occult” injuries in the HHFAST group, all but 2 being at the VHHSC. Eight of these injuries (including 1 indeterminate) were serious and required therapeutic intervention. Twenty-six were minor and likely would have caused no morbidity if they were not detected. In experienced hands, a US examination can identify specific parenchymal injuries,^{25,41–44} generally finding a greater sensitivity the higher the injury grade for both hepatic and splenic injuries.^{42,43} However, some of these studies have relied on the presence of a separate sonographer,^{25,42,43} potentially reducing the availability of the test in many clinical settings. We believe that the emphasis of the FAST technique should remain its simplicity, which as an initial screening technique is meant to be within the capabilities of an on-site clinician.

In this study we wanted to evaluate the philosophy of using hand-held US early in the resuscitation of patients with blunt trauma. With the

Table 6

False-negative and indeterminate results from focused abdominal sonography in trauma (FAST) in patients not requiring intervention*

Sex	Age, yr	HHFAST	FFAST	Injury
Female	20	(+)	(-)	Grade I liver laceration
Male	35	(-)	(-)	Grade I renal laceration
Female	21	(-)	(-)	Grade I hepatic hematoma
Male	48	(-)	(-)	Grade I renal contusion
Female	72	(-)	(-)	Retroperitoneal hematoma
Male	25	(-)	(-)	Grade I renal contusion
Male	48	IND	Not done	Grade II liver laceration
Male	51	(-)	IND	Grade II renal laceration
Female	32	(-)	(-)	Grade I splenic hematoma
Female	65	(-)	(-)	Grade II liver hematoma
Female	26	Battery failure	(-)	Grade II liver hematoma
Male	33	(-)	(-)	Grade I liver hematoma
Male	27	(-)	(-)	Grade I liver hematoma
Male	27	(+)	(-)	Grade I splenic laceration
Male†	43	(-)	(-)	Grade I splenic hematoma
Female	38	(-)	(-)	Adrenal hematoma
Male	40	(-)	(-)	Retroperitoneal hematoma
Male	30	(-)	(+)	Grade I splenic hematoma
Female	55	(-)	(-)	Retroperitoneal hematoma
Male	26	(-)	(-)	Retroperitoneal hematoma
Male	26	(-)	(-)	Retroperitoneal hematoma
Female	37	(-)	Not done	Grade I renal laceration
Male	47	(-)	Not done	Retroperitoneal hemorrhage
Male	65	IND	(-)	Extraperitoneal bladder
Male	28	(-)	(-)	Mesenteric injury
Male	31	(-)	(-)	Grade I splenic laceration
Male	45	(-)	Not done	Grade II splenic laceration
Female	71	(-)	(-)	Retroperitoneal hematoma

FFAST = formal FAST, HHFAST = hand-held FAST, IND = indeterminate FAST scan, - = negative, + = positive.

*Does not include those missed injuries that required intervention but includes those with indeterminate scans and those not scanned due to battery failure.

†Case from the Detroit Receiving Hospital; all other cases were from the Vancouver Hospital and Health Sciences Centre.

current pace of technologic development and with commercial pressure it is almost assured that lighter and cheaper units with better batteries and greater informatic capabilities will become increasingly available. The primary benefit of these devices for trauma care providers will be earlier examinations, potentially even in the prehospital setting to expedite transport and disposition. HHFAST accurately facilitates this diagnostic algorithm, so cheaper, smaller, lighter devices should be further studied.

Conclusions

The HHFAST constitutes another dimension of the physical examination of patients with abdominal trauma. It is a very accurate test for detecting significant intraperitoneal free fluid. It can often quickly localize major intraperitoneal injury and thus expedite exploration of the abdominal cavity in unstable patients, as well as confirm serious intraperitoneal injury requiring further delineation in stable patients. It is less accurate for detecting all abdominal injuries and should be considered a complementary imaging technique for surgical decision-making when the result is positive. Negative studies should be supplemented with CT rather than relying on further US in seriously injured patients.

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