

APPENDIX

1. What describes your current practice environment?
 - a. The Ottawa Hospital
 - b. Community hospital in Ottawa (please specify)
 - c. Community hospital outside Ottawa (please specify)
2. Do you perform elective inguinal hernia repairs?
 - a. Yes
 - b. No (selecting this option will exit the survey)
3. What best describes your duration of practice as a staff surgeon?
 - a. Less than 5 years
 - b. 5-10 years
 - c. 10-20 years
 - d. 20-30 years
 - e. 30-40 years
 - f. Greater than 40 years
4. Approximately how many elective inguinal hernia repairs do you perform per year?
5. How do you perform elective inguinal hernia repairs (select all that apply)?
 - a. Anterior open approach with mesh patch
 - b. Anterior open approach with mesh plug
 - c. Anterior open approach with mesh plug and patch
 - d. Anterior open approach with Prolene Hernia System (PHS)
 - e. Anterior open approach with tissue repair only
 - f. Laparoscopic transabdominal preperitoneal (TAPP) approach
 - g. Laparoscopic totally extraperitoneal (TEP) approach
 - h. Other
6. What mesh do you use in your repairs?
 - a. No mesh
 - b. Light-weight mesh
 - c. Medium-weight mesh
7. Do you routinely perform nerve blocks at the time of elective inguinal hernia repair?
 - a. Yes
 - b. No
8. What non-opioid analgesics do you typically prescribe following elective inguinal hernia repair?
 - a. Acetaminophen (Tylenol)
 - b. Ibuprofen (Advil)
 - c. Naproxen (Aleve)
 - d. Ketorolac (Toradol)
 - e. Pregabalin (Lyrica)
 - f. Gabapentin (Neurontin)
9. What proportion of the time do you prescribe an opioid analgesic following elective inguinal hernia repair?
 - a. Never
 - b. Less than 25% of the time
 - c. 25-50% of the time
 - d. 50-75% of the time
 - e. 75-99% of the time
 - f. Always

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10. If doing so, what opioid analgesic do you typically prescribe following elective inguinal hernia repair?
 - a. Hydromorphone (Dilaudid)
 - b. Morphine (Kadian/Statex)
 - c. Tramadol
 - d. Oxycodone (eg. OxyNeo/Percocet)
 - e. Codeine (eg. Tylenol 3/Lenoltec)
 - f. Not applicable
11. If prescribing an opioid analgesic, approximately how many doses do you prescribe?
12. If you perform both open and laparoscopic repairs, do your prescriptions differ between techniques (please specify how they differ, if applicable)?
13. Are you aware of initiatives to reduce post-operative opioid prescribing (eg. STOP-Narcotics, Michigan-OPEN)?
 - a. Yes
 - b. No
14. Have there been efforts to reduce post-operative opioid prescribing at your institution?
 - a. Yes
 - b. No
 - c. Unsure