

Appendix 4: Individual problems list

Please rate the following 13 personal problems using the following scale:
Circle **ONE** per item only

- 0= not a problem
- 1= little bit of a problem
- 2= a moderate problem
- 3= quite a problem
- 4= extreme problem

1. Not enough time for self	0	1	2	3	4
2. Not enough leisure time	0	1	2	3	4
3. Not enough time for physical activities/ exercise, sports	0	1	2	3	4
4. Not enough time to spend with spouse/friends/relatives	0	1	2	3	4
5. Problems created by inflexibility of work hours	0	1	2	3	4
6. Not enough time for study	0	1	2	3	4
7. Not confident enough about self in medicine	0	1	2	3	4
8. Reservation about being a doctor	0	1	2	3	4
9. Not enough money	0	1	2	3	4
10. Sexual drive decreased since beginning residency	0	1	2	3	4
11. Not sure about choice of residency	0	1	2	3	4
12. Feel treated unfairly by program staff	0	1	2	3	4
13. Residents or medical people only people seen socially	0	1	2	3	4